The Holy Hieromartyr Patrick Bishop of Prusa
and His Fellow Martyrs Acacius,
Menander, and Polyaenus

May 19

Apolytikion

Fourth Mode
"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the

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demons' strength-less presumption. O Christ God, by their

prayers, save our souls, since Thou art mer-ciful.

Pray gently and calmly,
sing with understanding and rhythm;
then you will soar like a young eagle high in the heavens.
Psalmody calms the passions and curbs the uncontrolled impulses in the body.

- Evagrios the Solitary